**Leaf Rubbings on Your Journal Page(s)**

**STEPS**

1. Collect a small leaf.

2. Position the leaf with its bottom side (bumpy veins) facing up behind a page in your journal.

3. Rub a crayon or the side of the pencil point on the paper over the entire leaf area.

4. Remove the leaf.

5. Describe what you see; what it reminds you of; what part of the leaf is making the designs you see.

6. Repeat with different leaves. **HAVE FUN!**

---

Find out more @ naturetrack.org ~ field trips ~ virtual trips ~ nojoqui falls virtual hike ~ minute 15 to 18.50.
NatureTrack
Fostering a lifelong fascination with nature