

Nature Card

Mandalas

STEPS

1. Collect several natural things like rocks, pine cones, twigs, or whatever you want to gather.
2. Create a circular design with everything you collected.
3. If you want, draw a picture of it in your journal.
4. In your journal, list all the natural things you used to create the mandala.
5. How many colors do you see in your mandala?
6. Now, create a different mandala using some or all of the things you used to create the first mandala



Find more activities @ naturetrack.org ~ field trips~
virtual trips

Make a mandala with natural things: rocks, leaves, pinecones, twigs, pine needles. Use anything that is found in nature.

We often associate the word mandala with the circular designs with repeating colors, shapes, and patterns radiating from the center.



Will your
mandala
creation be
next?

